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# Southern Notes

Southern Pharmaceutical Services 205-451-1822

### NEW YEAR - New Start

Here are some ideas for getting organized and ready for a new start to the new year!

Med Cart—Clean Up Your Med Cart by removing all unnecessary clutter and items from the Cart Surface. Make Sure all Discontinued Meds are promptly removed and properly disposed. Check PRN medications to make sure they are not expired and get a doctor's change or discontinue order for those unused for an extended period of time.

Charts—Clean out and Organize all Patient Charts and make sure they meet all State Requirements for documentation, including Current Plan of Care Documentation and Medication Orders.

Nurses Stations/Area—Organize your areas and clean out all old, unused items. Make sure all medications are properly stored, labeled and meet all requirements.

Refrigerators—Clean out and remove any expired or unused items. Make sure the temperature is set correctly for state requirements and the temperature log chart is nearby.

Staff Training—Make sure your Employee files are organized and that staff training is recorded and up-to-date.



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 Please welcome the newest member of the SPS Sales and Marketing Team. Tess Davis joined SPS in November and will concentrate on acquiring new Long Term Care Accounts while the other team members will continue providing Clinical Support/Education and Account Management.

#### **Pharmacy Consultant Services**

Our Consultant Pharmacist, Anita Pritchett, brings over 20 years of experience in the Long Term Care Pharmacy arena to our clients. These services are available in monthly packages depending on each facilities' individual needs. Her expertise and knowledge is invaluable to the clients that she serves. If you are interested in learning more about these valuable services, please contact her at 205-243-8032. We will be happy to put together a customized Consulting Services Package for your facility. Start the new year knowing your facility is state-ready at any time.

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Some of the Consultant Services that are available include:

- Medication Cart Inspection & Med Pass Audit
- Resident Chart Review
- In-service from list of selected topics (Nursing CE/hour)
- Individual Drug Regimen Review
- Medication Record (MAR)/
  Documentation Review
- Modified Mock Survey
- Destruction of Discontinued Medications

#### HAPPY 2014!

Southern Pharmaceutical Wishes You and Your Family a Happy and Healthy 2014!

