



**Best Western Kelly Inn  
St. Cloud, MN**

**September 10  
11 am - 3 pm**

*All Central MN Group Home,  
Assisted Living or Nursing Home  
Caregivers are welcome. Program and  
content geared primarily toward  
caregivers in a group home environment.*

**Caregivers  
"Lunch and Learn"**

**BOE**  
*Lunch*  
**Seminar**

**MUST RVSP**

## 11 am - Noon

**"Diabetes Management  
Today - What's Old  
and What's New."**

**PRESENTED BY:**

***Rena Bradley, RN, MSN, CNS, BC-ADM,  
CDE, Senior Medical Liaison Novo Nordisk***

This presentation will discuss the natural history of diabetes with emphasis on Type 2 Diabetes. Treatment options and management targets will be reviewed. This will be a basis overview of diabetes targeting care in the group home and/or assisted living environment.

**All Courses  
FREE to Attend**

## Noon - 1 pm

**"Medication  
Administration Review"  
(working lunch)**

This course provides a review of the continued skills needed to administer medication safely. Please note, this does not certify a person to administer medications, rather it is a review for individuals who are already certified or for individuals who want to know more about medication administration. Information provided includes:

- The 7 rights of medication administration
- The 3 medication checks
- Transcribing medication orders
- Supply and storage of medication
- Monitoring for side effects
- Collaborating with health professionals including prescribers and the pharmacy

## 1 pm - 3 pm

**"Understanding Mental  
Illness and Support"**

**PRESENTED BY:**

***Sarah Stein, Program Services Consultant,  
BA in Psychology, AA in Medical Admin. Assistance,  
15 yrs. Designated Coordinator, 7 yrs. HS Training***

This course provides a review of common mental health diagnoses and how our responses to the symptoms can impact an individual's quality of life. This introductory course will go over these common mental health diagnoses, treatment strategies, and effective ways to support the individuals with mental illness. Information provided includes:

- Mood, Anxiety, and Impulse Control Disorders
- Schizophrenia, Schizoaffective Disorder, and Borderline Personality Disorder
- Effective and proactive support methods

Please RSVP via email by August 30th to: [mark.boe@guardianpharmacy.net](mailto:mark.boe@guardianpharmacy.net)